



**DARLINGTON**  
Borough Council

# Public Health Presentation Mark Harrison









The **2021 Drug Strategy** aims to “change things for the better” in three main ways:

1. Breaking drug supply chains
2. Delivering a world-class treatment and recovery system
3. Achieving a generational shift in the demand for drugs

# Full National Combating Drugs Outcomes Framework



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Strategic outcomes and metrics			Intermediate outcomes and metrics		
 Reduce drug use	 Reduce drug-related crime	 Reduce drug-related deaths and harm	 Reduce drug supply	 Increase engagement in treatment	 Improve recovery outcomes
Headline metrics	Headline metrics	Headline metrics	Headline metrics	Headline metrics	Headline metrics
<ul style="list-style-type: none"> <li>Proportion of individuals reporting use of drugs in the last year</li> <li>Estimated prevalence of opiate and/or crack cocaine use (OCU)</li> </ul>	<ul style="list-style-type: none"> <li>The number of neighbourhood crimes; domestic burglary, personal robbery, vehicle offences and theft from the person</li> <li>The number of homicides that involve drug users or dealers, or have been related to drugs in any way</li> </ul>	<ul style="list-style-type: none"> <li>Deaths related to drug misuse</li> <li>Hospital admissions for drug poisoning and drug-related mental health and behavioural disorders (primary diagnosis of selected drug)</li> </ul>	<ul style="list-style-type: none"> <li>Number of county lines closed</li> <li>Number of major and moderate disruptions against organised criminal groups</li> </ul>	<ul style="list-style-type: none"> <li>Continuity of care: engagement in community-based structured treatment within three weeks of leaving prison (adults)</li> <li>The numbers in treatment for adults and young people</li> </ul>	<ul style="list-style-type: none"> <li>Showing substantial progress by completing the treatment programme (free of dependent drug use and without an acute housing need) or still in treatment and either not using or having substantially reduced use of their problem substances measured over the preceding 12 months</li> </ul>
Supporting metrics	Supporting metrics	Supporting metrics	Supporting metrics	Supporting metrics	Supporting metrics
<ul style="list-style-type: none"> <li>Number and proportion of households owed a homelessness duty with a drug dependency need</li> <li>Rate per population of children of referral and assessments by social services with drugs as a factor</li> <li>Number of permanent exclusions and suspensions and the proportion that are drug and alcohol related</li> <li>Proportion of 11 to 15 year olds who think it is OK to take drugs to see what it is like, and think it is OK to take drugs once a week</li> </ul>	<ul style="list-style-type: none"> <li>Proven reoffending within 12 months</li> <li>Police recorded trafficking of drugs and possession of drugs offences</li> <li>Hospital admissions for assault by a sharp object</li> </ul>	<ul style="list-style-type: none"> <li>Hepatitis C prevalence (chronic infection) in people who inject drugs</li> <li>Number and percentage of people in treatment that have died during their time in contact with the treatment system</li> </ul>	<ul style="list-style-type: none"> <li>Volume and number of drugs seizures</li> <li>Number and proportion of National Referral Mechanism referrals with a county lines flag</li> </ul>	<ul style="list-style-type: none"> <li>Number of individuals in treatment in prisons and secure settings</li> <li>Number of community or suspended sentence orders with drug treatment requirements</li> <li>Number and proportion of adults starting treatment in the establishment within three weeks of arrival (from community or other custodial setting)</li> <li>Unmet need for OCU treatment</li> </ul>	<ul style="list-style-type: none"> <li>Proportion of people in treatment that have reported no housing problems in the last 28 days</li> <li>Proportion of people in treatment that have reported at least one day of paid work, voluntary work, or training and education in the last 28 days</li> <li>Proportion of people in treatment reporting a mental health need who received treatment or interventions</li> <li>Proportion of parents that have received specific family or parental interventions</li> </ul>

# Delivering a World Class Treatment and Recovery System



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**Deliver a world-class treatment and recovery system** – *Department of Health and Social Care, Ministry of Justice, Department for Levelling Up, Housing and Communities, and Department for Work and Pensions.*

Within a decade, we will deliver a world-class treatment and recovery system in England. An additional £780 million over three years will be committed to begin to take this forward, implementing Dame Carol Black's key recommendations.<sup>2</sup> We will treat addiction as a chronic health condition, breaking down stigma, saving lives, and substantially breaking the cycle of crime that addiction can drive by:

1. **delivering world-class treatment and recovery services** – rebuild local authority commissioned substance misuse services, improving quality, capacity and outcomes
2. **rebuilding the professional workforce** – develop and deliver a comprehensive substance misuse workforce strategy
3. **ensuring better integration of services** – making sure that people's physical and mental health needs are addressed to reduce harm and support recovery, and ongoing delivery of Project ADDER to join up treatment, recovery and enforcement<sup>3</sup>
4. **improving access to accommodation alongside treatment** – access to quality treatment for everyone sleeping rough, and better support for accessing and maintaining secure and safe housing
5. **improving employment opportunities** – employment support rolled-out across England and more peer support linked to Jobcentre Plus services
6. **increasing referrals into treatment in the criminal justice system** – specialist drug workers to support treatment requirements as part of community sentences so offenders engage in drug treatment
7. **keeping prisoners engaged in treatment after release** – improved engagement of people before they leave prison and better continuity of care into the community

# Treatment Provision and Centralised Oversight



- There is an extra £780m of funding for addiction treatment, bringing the total spending on treatment and recovery to £2.8bn over 3 years.
- In 2022/23, this investment will target the 50 areas with the highest needs.
- In 2023/24, the next 50 areas will be targeted, with the final 50 getting their extra funding in 2024/25.



“

*The government will ring-fence these funds for addiction treatment to ensure that they are used to recruit new workers, increase capacity and skills and to fund partnership working*

”





## The drug strategy in Targets

- 740,000 crimes prevented through treatment by the end of 2024/25:
  - of which 140,000 will be neighbourhood crimes such as burglary, robbery and theft
- 64,000 disruptions against organised criminals
- 54,000 new high-quality drug and alcohol treatment places by the end of 2024/25:
  - 21,000 for people who use opiates and crack cocaine
  - 30,000 for people who use non-opiate-type drugs
  - 7,500 for people who are either rough sleeping, or at immediate risk of rough sleeping
  - A treatment place for every offender with an addiction
- 24,000 more people in long-term recovery by the end of 2024/25
- 20,000 more police officers
- 5,000 more young people in treatment by the end of 2024/25
- 2,000 more county lines dismantled
- 1,000 deaths prevented by end of 2024/25
- 950 more drug and alcohol and criminal justice workers

- 800 more medical mental health and other professionals
- 30-year low, cutting levels of drug use to the lowest since 1991

# Public Health Commissioned Specialist Substance Misuse Services Service Model



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Element	Broad Description
1	Specialist provision of clinical support across whole system irrespective of setting, supporting clinical pathways/training on clinical management, provision of advice and guidance, clinical/health assessment, stabilisation and detoxification, specialist prescribing and support to Quasi Residential Rehab
2	Specialist provision of harm reduction and coordination of all related pharmacy services, initial and comprehensive assessment, stabilisation, PSI programme delivery, recovery coordination, as well as governance/performance lead and provision of information management system across whole system
3	Specialist provision of Quasi Residential facility, providing 12 step programme with dedicated accommodation and effective programme to enable Building of Recovery In Communities, as well as responsibility for recovery satellite provision and development /delivery of mutual aid and Peer Support,



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Thankyou  
[mark.harrison@Darlington.gov.uk](mailto:mark.harrison@Darlington.gov.uk)



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# **ACCESS**

## **Assertive Community Connection Engagement Support Service**



# Team Introduction

# What the ACCESS Team Does

- We provide rapid initial assessment of individuals and facilitate timely access to specialist treatment and recovery services in Darlington
- Visit service users at their home address and within the community
- We seek to find/establish the most effective and creative ways to engage individuals with multiple, and often complex needs using substances.
- Work closely with We Are With You & Recovery Connections as part of the STRIDE partnership
- Developing new key partners and referral pathways
- Promoting overdose prevention & benefits of specialist service provision
- Developing greater awareness, understanding and reach of both ACCESS and wider STRIDE provision within Darlington
- The individuals we focus our support on are those ambivalent to treatment or who would not actively engage with treatment services.



# Effective Pathways We Have Developed

- Social Care (Both Adult & Children's)
- Criminal Justice – Probation, Young Offenders Service, CFO Activity Hub.
- A&E, Psych Liaison, West Park Hospital.
- The Job Centre, Citizens Advice
- ROOTS Recovery, Kings Church Foodbank.

# ACCESS Team's Future Ambitions

- **Develop more specific pathways into treatment for third party services.**
- **Increase ACCESS reach within Darlington with more hot desking at remote sites.**
- **Promote the recovery community culture in Darlington.**
- **Increase Team Members knowledge of allocated areas of work i.e. Criminal Justice, Young Person's recovery, harm reduction & Social Care**
- **Improve accessibility for harm reduction within Darlington (Needle exchange/Naloxone etc.)**

# How we do this together?

- By focusing on the “One Darlington” approach under the **STRIDE umbrella**
- Adapting a more fluid approach to third party working
- Providing service users with a seamless journey throughout treatment across all services involved
- Maintaining an open dialogue between professionals, and where appropriate have a joint approach to the service user journey.

# WITH YOU DARLINGTON

## Adults and Young People's Drug and Alcohol Service (STRIDE)



Gary Besterfield - Head of Service Delivery  
Kayleigh Gamblin - Service Manager

14/09/2023

**withyou**

# What We Do.....

- Pharmacological Interventions - Opiates and Alcohol
- Psychosocial Interventions (PSI) - One to One and Groups
- Harm Reduction and Needle Exchange
- Health and Wellbeing Assessments
- Awareness Sessions
- Signposting and Onward Referral
- Manage risk - to include risk to others and behaviours
- Support and encourage positive behaviors in the community



# Our Plans.....



- We have taken a managed phased approach and began transitioning our clinical service delivery from Tubwell Row.
- This began with the move of our Needle Exchange and Harm Minimisation provision back in June.
- The next phase is to move our clinical interventions to Tubwell Row from Monday 25th September 2023. This will include prescribing of all Opiate Substitution Treatment.
- We will see any of our more complex cases from Tubwell Row, including our complex alcohol service users.

# Partnership Working.....

We work collaboratively with partnership agencies across Darlington and have established links with key partners to ensure our service users have access to other support services such as:

- Police
- Social Services/Children's Services
- Safeguarding Teams
- Housing Teams and 700 Club
- Darlington Carers Service
- Mental Health Services - Tees, Esk and Wear Valley NHS
- Harbour - Domestic Abuse Service





# Inspiring Recovery -Kelly Knight



## **Personal journey share by Kelly Knight**

# Inspiring Recovery - Phil Hetherington



**Philip Hetherington's story -**

## **Dad tells of how booze took over his life after he started drinking age 14 - Teesside Live**



Lived ExP-erience

**90%**  
@W LJ&WW  
**IN RECOVERY**

**300+**  
[]: &  
**OF RECOVERY**

[www.recoveryconnections.org.uk](http://www.recoveryconnections.org.uk)



- 17 staff began by accessing services
- 11 started as volunteers
- 7 after completing rehab
- 20+ after completing ambassadors programme



5URJ'.20rt in the region over 12 months

**1300+**  
PEOPLE  
SUPPORTED  
**7700+**  
GROUP  
ATTENDANCES



[www.recoveryconnections.org.uk](http://www.recoveryconnections.org.uk)



- Also supported staff at PD Ports
- Delivered CPD Accredited Recovery Ally Training to 200 people, including 10 businesses
- 80% graduation rate from ambassadors



## Feedback from the wider Qubic

*"Very moving experience to attend their meeting yesterday morning within the Church Hall of St. Cuthberts Church. We heard a lot about this fantastic Charity and its partners and how they exist to inspire, motivate, empower and support all those affected by substance misuse."*

Mike Poole, Vice Lord Lieutenant of County Durham

*"Impressed by the success and positive support of the Recovery Connections organisation. Everyone who attended was deeply touched by the personal eloquent testimonies of the people who had used the service and recovered."*

Deputy Mayor Cllr of Darlington, Bob Donoghue



## The Impact of Recovery

- 79% of people in long-term recovery have actively volunteered (more than 2x the rate of the general public)

[www.recoveryconnections.org.uk](http://www.recoveryconnections.org.uk)

- 75% were in full time employment thus paying taxes
- 12% of people in recovery were able to get
- children back out of the care system

*UK Life in Recovery Survey (Best, et al, 2015)*  
*Average Recovery time of participants - 8 years*

